



Newscaster

December 2017



VOTE

Tuesday, December 5 - 12 p.m. to 9 p.m.

Chenango Valley High School Auditorium

Please visit www.cvcsd.stier.org/capitalproject.aspx for a further scope of this project.

On Tuesday, December 5, 2017 from noon - 9:00 p.m. in the Chenango Valley High School Auditorium, community members in the Chenango Valley Central School District will have the opportunity to vote on proposed improvements to the district's facilities in a public referendum. The proposed capital improvements project has been structured to address top priority capital improvements that include renovations, building system upgrades, and site work. The estimated total cost for this project will be \$15 million, **with a local tax increase of \$0**. This project was designed to maintain a consistent tax effort for CV taxpayers.

Important Winter Weather Closing/Delay/Early Dismissal Information

With winter weather approaching, please review our school district's closing, delay, and early dismissal procedures.

When considering snow, ice, and other weather-related delays, contact is made with local town highway departments, input from the National Weather Service is considered, and discussions are held with our transportation department and other area school districts.

With a one or two-hour delay schedule, your child's school day will begin one or two hours after the regular start time. Dismissal times will remain the same.

With a two-hour delay schedule, there will be no pre-kindergarten classes.

When school is closed due to inclement weather, there will be no extracurricular activities. This includes all meetings, practices, and contests.

New this year is the option of utilizing a three-hour delay schedule. In the event a three-hour delay schedule is utilized, your child's school day will start three hours after the usual start time with dismissal times staying the same. A three-hour delay schedule would be utilized only if weather conditions forecasted indicate a significant improvement that would allow road crews the time needed to make our roadways safe for travel. Additionally, a three-hour delay may assist us in preventing changes to planned vacation days already on our school calendar.

Notifications for delays, closings, and early dismissals are shared with local media and sent via Ed Alert (see "Emergency Alert System" article on page 2 of this Newscaster on how to sign up for this service). Notifications are also posted on our website.

As always, the safety and security of our staff and students is our top priority, and we greatly appreciate your continued cooperation and understanding as we head into the winter season.



District News

Students Show Honor, Patriotism in Veterans Day Assemblies

At a Veterans Day assembly on November 9, students at Port Dickinson Elementary showed appreciation to all of our nation's veterans -- as well as more than 30 invited veterans who attended the morning program (including mothers, fathers, aunts, uncles, grandmothers and grandfathers). The children sang and signed a patriotic song, read a patriotic poem, and gave the veterans special thank you cards -- along with handshakes and hugs.



Chenango Bridge Elementary held their Veterans Day assembly on November 9 as well. As part of the program, students spoke on the history and meaning of Veterans Day. CB's student chorus, led by Miss DeGroff, sang patriotic songs. Each child wore red poppies donated by the American Legion Post 1194 (see more on pg. 19). Mr. Tyler West, an Army veteran, shared his story with students and told them just how much the simple words of "thank you" can truly mean. CB Student Council members also continued the school's tradition of placing small American flags across CBE's front lawn to display respect for those who have served our country.

At each assembly, members of the American Legion Post 1194 also presented the schools with a "Certificate of Appreciation."



"Thank you, veterans!"



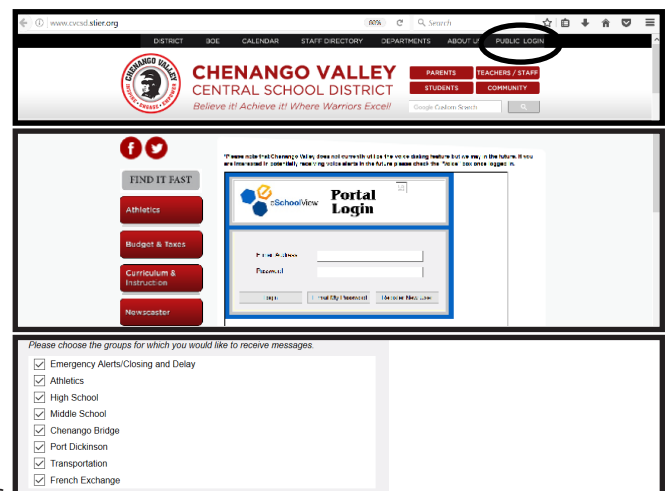
Emergency Alert System

The district uses an automated system to quickly send messages to parents/guardians in the event of a school or district emergency. For typical school opening delays and closings, messages will be sent in the form of an email and/or text to your cell phone. To receive messages, you will need to have an account on our district website:

1. Go to www.cvcسد.stier.org.
2. Select "Public Login" at the top right-hand corner of the page (black bar).
3. Log in and/or create a new account by choosing "Register New User".
4. Select the notification preferences you would like to receive: Emergency Alerts, Athletics, etc. Choose one or more schools from the list to receive notifications pertaining just to that school. To receive notifications for district-wide emergencies, which include weather-related school closings, select "Emergency Alerts/Closing and Delay".

We encourage you to check and make sure that you're signed up. If your contact information has changed, please update your contact information in the system as needed to ensure you receive notifications.

Please Note: In order to expand our capacity to communicate with our families in an unexpected emergency situation, we are going to pull lists of contact information from our student management system in order to make phone contact. We are going to utilize the voice calling feature of our system, sometimes called 'robocall'. This feature allows us to expand our reach to include landlines and to put more information into an alert than a text message may allow. In order to help verify the accuracy of the new lists pulled from the student management system, we are going to send a test call over the winter break. For typical closings and delays, we will continue to use the current Ed Alert procedures outlined above. If you have any questions about your account, your contact information or the system in general, you can contact CV Director of Technology Sarah Latimer at slatimer@cvcسد.stier.org.



District News

Message from the Superintendent

Dear CV Community,

Our students and staff have been busy throughout the district. We have had many celebrations thanks to our staff, students, and community!

We held another successful Humanities Night – celebrating the joys of learning in a fun, meaningful way. Port Dickinson and Chenango Bridge celebrated Veterans Day with exceptional programs, teaching our students gratitude and appreciation for the men and women who serve our country. Many classes also participated in writing notes and drawing pictures that have been sent to our men and women overseas aboard USS America.

We began a new writing program for grades K-8 which encourages writing daily and expanding their writing beyond response to text. Students are receiving direct instruction on how to improve their own personal writing skills in the genres of narrative opinion and informative writing. We began “Ag in the Classroom” at Chenango Bridge, which teaches our students about the opportunities that exist in this area. The middle and high schools have also been busy working on many projects that support their learning.

A huge thank you to all of our fall coaches and athletes. We had a successful fall athletic season especially in girls swimming, girls soccer, girls tennis, and cheerleading. We are so proud of all of our students for their academic and athletic commitment to excellence.

Our Assistant Superintendent Mrs. Michelle Feyerabend and I have had a great time touring the district’s buildings and classrooms. We have enjoyed lunches with members of the sixth through 12th grade classes in the past weeks. It’s important to hear from our students so we can learn how to become better at what we do – educating them. I’m confident that we all want the same thing – for our students to reach their highest potential.

As you are aware, we have a community capital project vote on December 5 (see article pg. 1). We encourage you to come out and vote, and appreciate your voice in our school community.

In closing, I wish you and your families a happy holiday season. Embrace your family and friends, and be thankful for belonging to a great family community. When I am asked why I have stayed in the Binghamton area for all of my life, I share that it is a great place to live and raise a family. I hope that as part of the Chenango Valley community you feel the same.

Sincerely,



David P. Gill
Superintendent of Schools



David P. Gill
Superintendent

Board of Education President’s Message

It has been a very busy month since our last Newscaster edition. Our committees have been meeting regularly. Our Board of Education has six committees. They include Athletics, Budget, Audit & Fiscal Oversight, Building & Grounds, Educational Excellence, Policy and Transportation. All of the committee meetings follow the guidelines in the Open Meetings Law which means that we welcome the public to sit in on them. Also, although not required, most of our CV committees include a time for the public to speak and share their thoughts and ideas. Please be aware that no decisions are made at these meetings. They are simply sessions in which we can delve into matters more deeply than we could at a full school board meeting. Information is then conveyed to the entire board at the monthly meeting.

Our district has also been busy developing a capital project that is innovative, practical, and fiscally responsible. When developing such a project, we always make sure we keep in mind what is best for students, staff and families. We are thrilled at being able to enhance our programs by refurbishing classrooms and libraries, updating gymnasiums and the CB nurse’s office, adding outside facilities, and expanding our bus garage. We will also be looking to do extensive work on our infrastructure and making sure we update our lighting and other areas so as to save energy and keep costs down. A full breakdown can be found on our website. All of the work in our proposed capital project will be done using state aid, capital reserves, and a scheduled reduction in local share -- and will have a zero impact on our net local share. In other words, our students will be educated and participate in activities in a state-of-the-art environment, and your taxes will not go up. Please come out to vote on December 5.

As always, we encourage everyone to attend our monthly board meetings, and we thank you for the opportunity to serve the district.

Sincerely,

Kelly Warwick
President, Chenango Valley Board of Education



Kelly Warwick, President
Board of Education

District News

CV Alumni, Community Members Honored for Accomplishments

On October 27, Chenango Valley Central School District was happy to welcome this year's Chenango Valley Hall of Fame honorees for a day and night of recognition for their noteworthy accomplishments.

The 2017 honorees of distinction included CV alumni Capt. Michelle D. Morse, SC, USN (Class of 1987) who has received a number of prestigious recognitions for her naval duties and reported as Commanding Officer for NAVSUP Fleet Logistics Center San Diego in August 2016; **Les Meadowcroft (Class of 1988)** who has worked to support the adoption of minimally invasive surgery techniques and technology that have become the standard of care in human medicine, and is currently the president and founder of VetOvation, Inc. that allows for minimally invasive surgery of animals as well; and **Linda Hall Trusky (Class of 1980)** who has served in community organizations and in 2013 purchased the local eatery My Uncle's Place with her brother. She has sponsored many community events, hosted CV alumni and class reunion events, and donated to community fundraisers. **This year's distinguished community members were Larry and Nancy Moss.** Nancy graduated from CV in 1962. Larry and Nancy have enjoyed living in the district community and being foster/adoptive parents to many children over the past four decades. They still have two children in the district.

The day was filled with wonderful recognition events at each school. It kicked off with honorees Les Meadowcroft and Captain Michelle Morse meeting the high school students who would be their guides and provide their introductions at events. The next stop was Port Dickinson Elementary. PD students provided a warm welcome with a morning assembly, which also included a musical number from Mr. Vanderslice's HS Select Choir. At a Chenango Bridge Elementary assembly afterwards, students asked the honorees some insightful questions including "How do you think going to CV impacted the decision of who you are?" A luncheon at the middle/high school, which also included some former honorees, was followed by individual MS/HS classroom visits for each honoree. These visits, geared towards the honoree's career and interest field, provided great inspiration for students. Mr. Meadowcroft encouraged students to challenge the status quo. Captain Morse told a HS history class, "Here (CV) is where you develop what's important to you, your character, and your integrity."

After a day filled with activities, an evening reception was held at the Binghamton Club. Guests at the event included district staff, community members, past honorees, and current honorees' family and friends. The crowd enjoyed remarks from CVHS students and the 2017 honorees who shared their inspiring stories and expressed their gratitude. A live auction, led by CBE teacher Mr. Richard Gulbin, added to the festivities. A total of \$1,000 from the event's proceeds was donated to CV's Warrior Fund to assist those in need. Other proceeds will go towards future scholarship opportunities for CV students. *Thank you to the CV Alumni Association for hosting a wonderful event to benefit our school community!*



PD Elementary students welcome honorees



MS/HS classroom visits



CB Elementary students ask thoughtful questions



CV senior Natalie Ehrensbeck & Captain Michelle Morse



CV senior Peter Jensen & Les Meadowcroft



Kathy Fitzpatrick, friend of Linda Hall Trusky (who was not able to attend event) & CV senior Alaina Carman



Larry Moss, CV senior James Wyatt & Nancy Moss

How to Nominate a Future Alumni/Community Member Honoree

1. Visit www.cvcasd.stier.org/alumnihome.aspx.

2. Click on "[Submit a nomination](#)".

3. Fill out nomination form (please be sure to fill out the simple math equation at the bottom of the form -- this ensures you are not a robot).

You can also contact CVAlumniAssoc@gmail.com for more information on the CV Alumni Association.

District News

CVCSD Website Accessibility

The Chenango Valley Central School District is working to ensure our school website allows all users to have equal access to information and functionality through ADA Compliance. We are working to help make our district's site more compliant for those with disabilities (including sight, hearing, motor and cognitive disabilities). If you experience difficulties accessing content on our district's website or have questions about accessibility content, please contact our communications office at 762-6804 or email MDarrow@cvcsd.stier.org. Please include the question/issue at hand, the web page from which you are requesting material, and your contact information.

"Humanities Night" Brings Evening of Educational Fun

Hundreds of students and family members came out to CV's Humanities Night on November 2. There were dozens of fun and educational tables set up with activities related to the humanities (literacy, social studies and music). Thank you to all staff and community members who helped to make this wonderful event possible!



District News

French Students Explore Broome County and Beyond

Chenango Valley was excited to give a welcoming "Bonjour!" to 31 French students and three teachers from La Borde Basse, a high school in Castres, France! The group arrived at CV on October 13 to spend almost two weeks with members of the CV French exchange. CV and La Borde Basse have been participating in the exchange for almost 25 years, and have been recognized by the U. S. Department of State for running such a successful program. The exchange occurs every two years.

The focus of this year's exchange visit was getting to know Binghamton and the Southern Tier. Highlights for the French students included Binghamton Mayor David raising the French flag at City Hall and participating in a question and answer session, spending a day at Roberson learning about and participating in activities illustrating the history of industry in Broome County, hiking in Ithaca and touring Cornell University, spending a day at Binghamton University, and watching glass being made at the Corning Museum of Glass. A day was also spent at both Port Dickinson and Chenango Bridge Elementary, where the exchange students taught a little French vocabulary and answered elementary students' questions about their home country and culture.

The CV families who hosted the students provided many valuable cultural experiences such as spiedies and traditional Thanksgiving dinner tastings, pumpkin carving, apple picking, tie-dyeing of t-shirts, and so much more! Many thanks go to the CV families and students who went above and beyond to give the French students a memorable experience.

In the spring, 25 Chenango Valley students will travel to France to visit Paris, along with their French correspondents and their town of Castres.

CV French teacher Mrs. Amber Henyan, also known as Madame Henyan, is the director of the American part of the exchange. Members of the exchange would like to thank the CV administration and Board of Education for their continued support of this wonderful program, as well as the faculty and staff who have helped in so many ways to give the French students and teachers such a warm CV welcome.



CV Spooktacular 2017

It was an evening full of treats, as the fourth annual Chenango Valley High School Business Club Spooktacular was held on October 26 in the CVHS gym.

There were 161 elementary students and 127 adults who attended. Students, who dressed in costumes for the event, were entertained with 13 different stations including "Monster Dodgeball", a ping pong ball relay race, various table games, and a spot to decorate custom trick or treat bags.

A total of 23 high school students from CV's Business Club assisted children at each activity.

The elementary students wearing costumes deemed cutest, scariest, most original, and funniest of the night were awarded painted pumpkins.

After an hour of ghoulish fun, students and parents/guardians went to the parking lot behind CVHS for a "Trunk or Treat" event hosted by the CV Support Staff Union.



Challenging Behaviors

Learn why a behavior may be occurring and the top ten interventions for encouraging positive behaviors in your children ages Pre-K through MS

Presented By: Stacy Smith, Behavioral Specialist

Tuesday, December 5, 2017

6:00 p.m. - 8:00 p.m.

Chenango Valley MS/HS Library

Please RSVP to Tara Williams Whittaker (CVCSO Director of Special Education) at twhittaker@cvcso.stier.org or by calling the Special Education Office at 607-762-6830.

Supervision of school-aged students will be provided with some winter arts and crafts activities, and a winter-themed movie. Please provide your name, the name(s) of the student(s) you will be bringing with you, and the best way to contact you in case of inclement weather.

Teachers/TAs Take Part in "Warrior Learners" Workshops

Secondary and elementary teachers/teaching assistants took part in "Warrior Learners" workshops taught by CV Assistant Superintendent Michelle Feyerabend on October 25.

These newly implemented workshops are intended to help provide various support and mentorship resources for CV teachers -- especially those who are newer to the district.

The topic on October 25 was "Communicating Effectively with Families." Staff went through positive communication strategies and also role-played how they could put these helpful strategies into productive use.

These educational workshops will be held monthly to help encourage growth among staff members. A session in November focused on the power of one's mindset. The next session, in December, will put a spotlight on maximizing effectiveness as an educator.



BOE Recognition Month Includes Music and Mugs

At Chenango Valley Central School District's Board of Education Meeting on October 18, members of the BOE were delighted with both arts and music.

Mr. Vanderslice and the Chenango Valley High School Select Choir introduced their brand new uniforms (as pictured on the top right) and presented a musical number.

On behalf of the Chenango Valley Art Department, CV senior Allen Doan and HS art teacher Mr. Fitzsimmons presented each BOE member with a handmade mug for School Board Recognition Month.

Thank you to our CV BOE for working hard year-round to help our students reach their fullest potential!



District News

Full STEAM Ahead

Tinker Town and Tinker Lab are open at Port Dickinson and Chenango Bridge. These include open times in our STEAM classrooms where students can come down and explore their own projects and interests. For students who need an idea to get started, there are project starter ideas and design challenges to get them going.

Our first graders at Port Dickinson recently had their first design challenge. They were asked to create new furniture for the bears in Goldilocks and the Three Bears. Second grade had to design some new silverware that actually works using certain materials.

At Chenango Bridge, our third graders had a yummy engineering lesson. They learned about the history and science behind popcorn and were challenged to build a popcorn container. Fourth graders have been recreating famous buildings using only three types of materials. Imagine St. Basil's Cathedral made out of scrap paper and cups! Our fifth graders have tapped into their inner designers and created shoes made out of newspaper!

In the middle school, eighth graders designed, built, and launched water bottle rockets. They studied different types of rockets, rocket components and their purposes, and how rockets fly. Now they are learning how to correctly and safely use tools and machines in preparation for our cutting board manufacturing project.

Some of our high school students recently toured Raymond Corporation to learn about possible careers in the industry. Also in our high school, our STEAM Club is getting ready for their first VEX competition in December. They will be traveling to Tioga to compete on a Saturday. This is their first competition with this type of robot -- and we wish them luck!



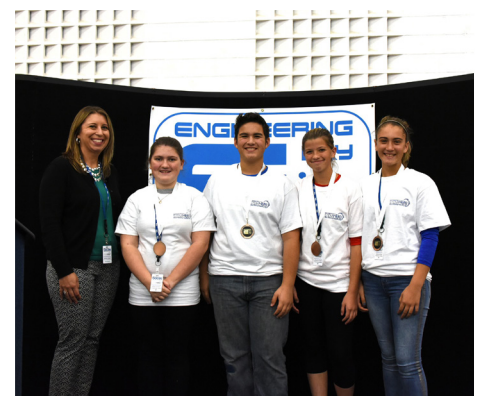
CV Students Put STEAM Skills to the Test in "Engineering Day 2017"

Students from Chenango Valley Middle School and High School put their STEAM skills to the test at this year's "Engineering Day" event at Broome-Tioga BOCES. The event was held on October 25.

A total of 20 Chenango Valley MS/HS students were among more than 300 students from several area school districts who participated in the competition.

Groups were given approximately three hours to assemble a "Rube Goldberg-style machine" out of a box of ordinary household items. Students did not know what items they would be given before the event. This activity works to encourage hands-on creativity and learning, and build teamwork skills.

A group from CV including Sarah Gorman, Fisher Sullivan, Emma Farr-Giblin, and Sophia Sullivan (pictured to the right) won third place in the middle school category! Fantastic job to all students who participated in this fun and educational event!



District News

CBE Staff Member Helps Keep Garden Blooming

On October 14, Chenango Bridge Elementary custodian Tony Patterson spent his Saturday afternoon weeding and planting bulbs to help restore the garden that was previously created at CBE in memory of former teacher Ira Simpson. Mr. Patterson also found a small “stepping stone” with a flower on it buried in the dirt. He placed it in the center of the garden.

Mr. Patterson never personally knew Ira Simpson -- but says that for as long as he is a custodian at CBE, he will try to keep the flower garden in Mr. Simpson’s memory blooming and continue to beautify its surroundings.



Class of '67 Donates to Warrior Fund

Thank you to the CV Class of 1967 who donated \$1,000 raised from their 50th reunion to the CV Warrior Fund! The Warrior Fund helps provide support to families in need in the CV community.



l-r: HS social worker Jackie Arnold, Class of '67 alumnus Gary Hall & HS guidance counselor Judy Hayes

Annual CV Pasta Dinner Fundraiser a Success

Thank you to all who came and supported CV's pasta dinner fundraiser at the Brass Lantern Tavern. Also, thank you to Bill Maines and Maines Cash & Carry for donating all of the food and supplies. All of the money raised goes to CV's Students Against Destructive Decisions (SADD) after prom party! The party provides students with a safe and fun environment well into the morning hours after prom.



Assembly Teaches Students about Cyberbullying, Using Technology Safely

A CV Middle School Drama Club performance, along with a speech from Broome County Deputy Sheriff Robert Stapleton, helped to teach Chenango Bridge Elementary students about cyberbullying and the importance of using technology safely.

On Friday, October 20, Deputy Stapleton began a CB Elementary Olweus assembly by talking with students about making smart decisions when using electronic devices.

The CV Middle School Drama Club next performed “Ths Phne 2.0: The Next Generation” for the elementary students. The play is about the trials and tribulations of students and the cell phone age.

The goal of this assembly was to focus on wellness, good decision making, and understanding how important effective communication is.



Holiday Concerts

~* All concerts are held in the CV High School Auditorium *~

High School Holiday Concert
Thursday, December 7 at 7:00 p.m.

Middle School Holiday Concert
Monday, December 11 at 7:00 p.m.

Chenango Bridge Holiday Concert
Thursday, December 14 at 7:00 p.m.

Holiday Concert/Book Sale

The Scholastic Book Fair will be at the Chenango Valley MS/HS library the week of December 11-15. The fair will be open the night of the Middle School Holiday Concert (December 11). Feel free to stop by the library to visit the book fair any time before or after the concert to jump-start your readers' holiday wish lists.



HS Students Take Part in Master Class

On October 26, high school musical students took part in a master class on audition and vocal techniques. The workshop was led by SUNY Broome professor Brenda Dawe. She shared tips including how to introduce yourself, walk into a performance, deliver your song, sing with great technique, and know your character -- as well as tips on theatre etiquette, encouraging your castmates, and applying these skills to other areas of life.

Students who sang were Natalie Ehrensbeck, Rusty Nelson, Kelly Smith, Kelly Thompson & Jake Weir.



CV Students Display Talents in Tri-Cities Opera Production

Five students from CVCSD performed in the Tri-Cities Opera's production of La Bohème on October 15 at the Forum Theatre!

They were part of a group of 22 children who participated.



l-r: Brett Salzman, Margo Niefer, Corrina Rouff, Amiah Afify & Sarah Gonz

Chenango Valley High School Theatre Guild Presents...



February 23-24-25
Friday & Saturday: 7:00 PM
Sunday: 2 PM Matinee

Chenango Valley HS Auditorium

\$10 Adults and \$8 Child/Student/Senior (62+)

All tickets are for reserved seating. Tickets can be purchased at the door.

To reserve tickets, complete the form below & mail with payment.

Enclose a self-addressed stamped envelope with your order if you would like your paid tickets mailed to you. Otherwise, tickets will be held at the box office until 15 minutes before show time, the day of the performance. We will not honor refunds the day of the show.

Mail to: Chris Wood/Tickets, 615 Nowlan Rd, Binghamton, NY 13904

Order by Phone: 607-762-6827 Email Orders: cvmusicaltickets@gmail.com

Please make checks payable to: CV SCHOOLS

Name _____ Phone or email _____

- I am enclosing a self-addressed stamped envelope
- Please hold tickets for pick up by 15 minutes before show time

Friday, February 23 @ 7:00pm
RESERVE TICKETS
____ @ \$10 each Adult
____ @ \$8 each Child/Student
____ @ \$8 each Sr. Citizen
____ TOTAL TICKETS ORDERED
____ TOTAL AMT. ENCLOSED

Saturday, February 24 @ 7:00pm
RESERVE TICKETS
____ @ \$10 each Adult
____ @ \$8 each Child/Student
____ @ \$8 each Sr. Citizen
____ TOTAL TICKETS ORDERED
____ TOTAL AMT. ENCLOSED

Sunday, February 25 @ 2:00pm
RESERVE TICKETS
____ @ \$10 each Adult
____ @ \$8 each Child/Student
____ @ \$8 each Sr. Citizen
____ TOTAL TICKETS ORDERED
____ TOTAL AMT. ENCLOSED

Guidance

MS Guidance Helps Students Explore College & Career Opportunities



The CV Middle School Guidance Office has been busy with a focus on college and career readiness. We believe that it is never too early to help students think about their career options and furthering their education.

Each grade level had activities specifically designed for their level of development. In the sixth grade, Mrs. Lally helped students identify their personality color. The students then participated in activities that linked their color to potential careers. They also researched some post-high school educational opportunities by looking through college brochures and pamphlets.

Seventh graders completed a week-long unit with Mrs. Lally that included completing a self-evaluation and career exploration guide, researching a career of interest on the “Career Cruising” program, and creating a banner of information about a college that offers a major that could lead to that career.

Mrs. Samson took the eighth grade students on virtual campus visits and had students research the colleges attended by CV staff. On October 23, the eighth graders went on a field trip to visit Binghamton University. It was a busy morning as students heard from a college admissions representative and enjoyed a tour of the beautiful campus given by current BU students. It was wonderful opportunity for our students to experience a college campus firsthand.

During eighth grade FACS, students continued to explore colleges and careers using the “Career Cruising” program. They completed a research project, practiced filling out job applications, and participated in a mock interview.

The entire middle school was involved in this month-long project that also featured college bingo, an inspirational wall of college information, and a day for everyone to wear clothing from their favorite university. We hope that these activities have sparked conversations at home about future career options and the importance of higher education. Parents can help to encourage their children to explore career choices, and they also have unique insight into the interests, values, and abilities that inform those choices. Please feel free to check out the “Career Cruising” program at any time. You can log in from school, home or any place with internet access, using the login information below.

Career Cruising

To find out more about Career Cruising, we encourage you to log in using the school's access information:

Log in at:	www.careercruising.com
Enter school username:	Chenango
Enter school password:	Valley

Click on “Start Career Cruising” to begin.



Olweus T-shirt Design Encourages Others With “Dude. Be Nice.” Message

Through Olweus classroom meetings in the middle school, students were challenged to design a shirt with this year's theme “Dude. Be Nice.” Several students submitted creative and thoughtful artwork for this project. This year's winner was eighth grade student Maisy Wood!

Maisy's T-shirt design will be on sale for students and families throughout the district. The profits from the sale of this shirt will assist those students who need financial assistance for the eighth grade class trip.

(See some participants and the chosen T-shirt design on page 13...)

Guidance

10 Ways to Help Your Child Handle School *STRESS*



Between schoolwork, homework, standardized tests and test anxiety, after-school activities and bullying, kids are super stressed out. In fact, more than a third of parents said their kids were under a ton of school stress, according to a recent NPR poll.

Kids who are under stress will have changes in mood or behavior. They will likely be irritable, cry more, withdraw from activities, express uncertainty, or have negative self-talk. He or she might complain about headaches and stomachaches or have changes in sleep and appetite. Kids under stress also have problems getting ready for school and may even refuse to go.

If your child is dealing with school stress, here are 10 ways you can help him or her cope:

1. Stop the chaos

“A rushed child is never a calm child.” Chaotic mornings also set the tone for the day, so leave enough time and make sure everything they need is ready to go.

2. Get more sleep

Kids who get enough sleep are likely to be less irritable and better able to handle school stress.

3. Talk

If you suspect your kid is stressed or is being bullied, open the lines of communication by asking about his or her day and challenges.

4. Practice relaxation

Deep breathing, progressive muscle relaxation, and positive thinking are proven ways to reduce stress that also work for kids. Writing daily affirmations to your child can help as well.

5. Cut down on extras

As a nation, we’ve come to believe that busy equals happy. Keeping busy can be an unhealthy way to cope with life’s challenges, and the philosophy has been transferred to our kids. Too many after-school activities means less time for homework. If needed, try cutting some out and using dinner time to de-stress and bond as a family.

6. Connect

Talk to school staff and other parents about what they see so you can keep track of how he or she is handling school.

7. Model coping strategies

Don’t just talk the talk, but walk the walk! If you can’t handle your stress, your child will never learn to either. So, the next time you have a tough day at work, it’s okay to tell your kids why you were upset – but share positive strategies that you are using to handle the stressful situations.

8. Don’t criticize

Even if you disagree, never talk negatively about homework or teachers in front of your child because it creates fear. “They’re already feeling stress, so you need to be the calming force. Schedule a parent-teacher conference to share your concerns with the teacher instead.”

9. Limit technology

Kids spend more than seven hours a day using technology. That can lead to stress. So, have your kids unplug by putting limits on tech time, and spend more time being active as a family.

10. Get help

Remember, if school stress is affecting your child’s ability to function, it’s important to talk to a counselor who can help your child cope.

For more information: <http://www.foxnews.com/health/2014/01/19/10-ways-to-help-your-child-handle-school-stress.html>

(Olweus “Dude. Be Nice.” Tees Cont’d)



Winning design



l-r: Sophie Tourtual (tied for third place); Amara Williams (second place), Lindsey Rice (tied for third place) & Maisy Wood (first place)

Athletics

Varsity Girls Swim Wins 15th Consecutive East Division Title

The varsity girls swim team took their 15th consecutive East Division title after finishing their season at 8-0.

Six swimmers qualified for this year's State Meet in Ithaca:

- Audrey Calica
- Marlaina Giurastante
- Paige Lettera
- Taylor Potenziano
- Lindsey Rice
- Katie Schultz

Congratulations to all of our varsity swim girls!



Photo By: Don Kunkel

CV Brings Cheer to STAC Championship

Congratulations to our varsity and JV cheerleading squads for their great performances this season.

The varsity cheerleaders won second place in Division 2 at the Southern Tier Athletic Conference (STAC) Championship.

The JV squad placed third.

Wonderful job, CV cheerleaders!



Varsity cheerleaders



JV cheerleaders

Modified Volleyball Teams Show Growth & Talent

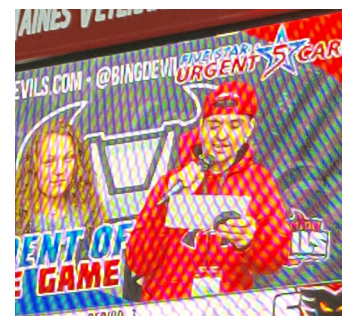
The seventh grade modified volleyball team had a lot of young and new talent to build the volleyball program this year. Modified volleyball is for building skills and understanding of the game. This is exactly what the seventh graders used their time doing. These girls spent the season making great improvements with their passing and serving. The eighth grade modified volleyball team had an outstanding season completing their season undefeated and continuing to grow their skills. Congratulations girls and good luck as you move up in the program. We are always looking for new talent to build the program, so if you're interested in playing make sure to sign up when fall sports sign ups come out.

-Coach Wheeler



CV Senior Recognized as Binghamton Devils' "Student of the Game"

Chenango Valley High School senior Alaina Carman was recognized as a "Student of the Game" at a Binghamton Devils' hockey game on November 4. Alaina and her family were able to attend the game which noted Alaina as an exemplary role model both as an athlete on the field and academically in the classroom. Alaina played for the CV girls varsity soccer team this past fall.



Alaina Carman on scoreboard with announcer

Athletic All Stars Fall 2017

Football



STAC All Stars

Luke Scott
Jeremy Kellam
Anthony Forbidussi

Honorable Mention

Nate Klein
Joe Testani

Sportsmanship Award

Travis Kraack

C & V Awards

Challenge: Edward Kuklo
Vigor: Mike Godbay

C & V Awards (JV)

Character: Sam Bozuhoski
Vigor: Michael Schultz

Girls Swim



EAST DIVISION CHAMPIONS

STAC All Stars

Paige Lettera*
Katie Schultz*
Audrey Calica*
Marlaina Giurastante*
Hannah Grunder
Taylor Potenziano*
Lindsey Rice*
Miranda Rogers

Sportsmanship Award

Cassandra Blewett

C & V Awards

Commitment: Kami Bates
Vision: McKenna Beers

*State Qualifier

Cross Country



STAC All Stars

Lily Shelley

Sportsmanship Award

Kara Watson
David Dodson

C & V Awards

Commitment: Emma Moore
Character: Matt Pecha
Vision: Kelly Thompson
Valor: Dominic Mastronardi

Girls Soccer



STAC All Stars

Alaina Carman
Kayla Lopez
Sara Marinaro

Sportsmanship Award

Jacquelyn Ruf

C & V Awards

Character: Kerri Hayes
Valor: Laurel Pernesky-Currier

C & V Awards (JV)

Character: Kelsey Burden
Valor: Maia Chapman

Cheer



Spirit Award

Maddie Aswad

Sportsmanship Award

Toni Bennett

C & V Awards

Vigor: Natalie Gillette
Commitment: Jayna Ross

C & V Awards (JV)

Character: Amelia DiRienzo
Vigor: Da-Xia Ming

Boys Soccer



STAC All Stars

William Clark

Sportsmanship Award

Ian Keldon

C & V Awards

Commitment: Jackson Retzlaff
Valor: Anthonie Brito

C & V Awards (JV)

Character: Thomas Eccleston
Valor: Aidan Marroquin

Girls Tennis



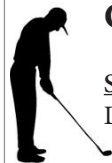
Sportsmanship Award

Linsey Reardon

C & V Awards

Commitment: Katie Mach
Vision: Kelly Smith

Golf



Sportsmanship Award

Dom Francavilla

C & V Awards

Character: Ty Abell
Vigor: Webb Botting



Volleyball

STAC All Stars

Tara Terpstra

Sportsmanship Award

Riley Buckland

C & V Awards

Commitment: Hannah Larsen
Vigor: Lauren Marble

C & V Awards (JV)

Character: Kylie Baleno
Vigor: Megann Jones

☆ Scholar Athlete Teams ☆

Cheer	Boys Soccer
Boys Cross Country	Girls Soccer
Girls Cross Country	Girls Swim
Football	Girls Tennis
Golf	Volleyball



☆☆☆ Academic All Stars ☆☆☆

CHEER

Hallie Morgan

BOYS CROSS COUNTRY

Caleb Frost

GIRLS CROSS COUNTRY

Grace Elliott

FOOTBALL

John-Paul Webster

GOLF

Patrick Giblin

BOYS SOCCER

James Wyatt

GIRLS SOCCER

Alaina Carman

GIRLS SWIM

Abigail Hamilton

GIRLS TENNIS

Alexa Attleson

GIRLS VOLLEYBALL

Carly O'Brien

Port Dickinson Elementary

We are moving into a busy time of the school year with family gatherings, and the children are very excited with all of the activities that are going on. New here at Port Dickinson is that we are at the end of our kitchen construction stage. We are going through our final check list to make sure our "t's" are crossed and our "i's" are dotted.

The children at Port Dickinson had the pleasure of meeting past alumni of Chenango Valley, Captain Michelle Morse (class of 1987) and Mr. Les Meadowcroft (class of 1988), at a morning assembly on October 27. We had Mr. Vanderslice come with the HS Select Choir to sing CV's alma mater. It was a touching moment for all who were there.

Our teachers have had some in-service training with Mrs. Olivia Wahl. Mrs. Wahl is working with our faculty and students to deepen our understanding of what a powerful writing workshop is with primary writers. Children and teachers have been working on developing their writing here at Port Dickinson. We should be seeing some great writing coming out of each grade level over the next couple of months.

Again, it is that time of year when parent conferences are taking place. Please make an appointment and spend a minute with your child's teacher. Home and school connection is so very important to a student's success in school. If you have concerns about your student and would like to discuss them, please feel free to give me a call so we can have a conversation.

We at Port Dickinson want to wish you all a very happy holiday season. There is a lot to be thankful for.



Jim Pritchard, principal, Port Dickinson Elem.

Students Recognized for Positive Actions

A new tradition was started at Port Dickinson Elementary on Monday, October 30. Faculty, staff, students, and students' families enjoyed their first "Student Recognition Day" morning program. Students were acknowledged for actions of outstanding character and leadership. The children recognized received a special certificate from their teacher, which was handed out by Mr. Pritchard. "Student Recognition Day" will be held at the end of each month. We look forward to celebrating our students for their positive actions all year long!



PD Students Learn about Fire Safety

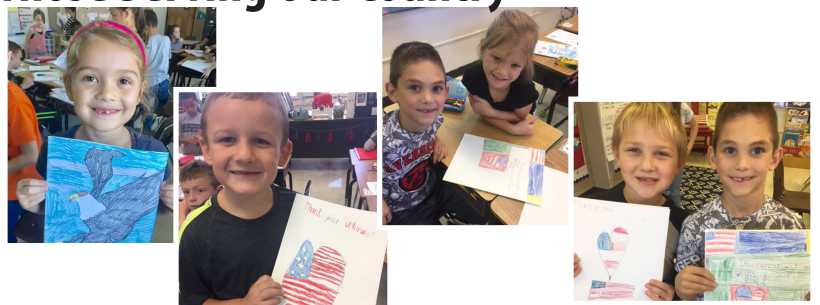
Port Dickinson Fire Chief Michael Scott visited PD Elementary on October 18 to speak with students about fire safety. His tips included making sure to establish a plan for what to do in the case of an emergency (such as having an alternative escape and a meeting place). Students also received special water bottles from members of PD Fire. Thank you for this important and informative visit!



Students Create Handmade Cards for Those Serving Our Country

Students across the district created handmade cards and drawings to send to our men and women overseas aboard USS America.

Shown to the right are some students from Mrs. Vesci's second grade class with the special cards they created.



Port Dickinson Elementary

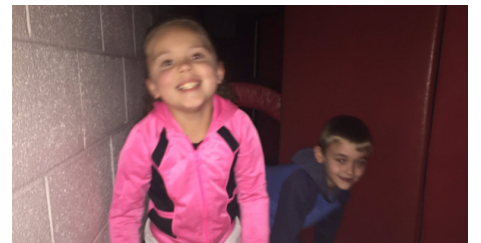
Fall Activities Fall into Educational Fun



Students in Mrs. Vesce's second grade class paired up with students in Mrs. Hess's kindergarten class to complete educational activities including pumpkin measurements and labeling a pumpkin on October 26!



Pre-K students and family members created amazing scarecrow hats at "Pre-K Family Day" on October 26! Students displayed their wonderful creations at their first ever walk through the Port Dickinson Halloween Parade! (See below)



Port Dickinson PE teachers Mr. Novotny and Mr. Hayes worked hard to create a "haunted house" during physical education class. It included an obstacle course, spooky sounds, and cool lights! Even some of our teachers braved the "haunted house"! Students also had a chance to play a game of "Ghost Busters." Thanks for the "spooky" fun, Mr. Novotny and Mr. Hayes!



"Bundle, bundle, bundle... we made a group of ten! We put it in the tens' place... and then we start again!"

Mrs. Mercik and Mrs. Huyck's second grade classes tied Halloween fun into their math curriculum by counting pumpkin seeds in bundles of ones, tens, and hundreds on October 31!



Family members lined up to see Port Dickinson Elementary students show off their creative and fun Halloween costumes at the school's annual Halloween Parade on October 31!

Chenango Bridge Elementary

The first quarter of our school year is now finished and time really did go by quickly. The students in grades 3, 4, and 5 have adjusted well to school. The faculty/staff at Chenango Bridge Elementary continue to provide a positive, rigorous educational experience every day. Thanks to our wonderful families who play an integral role in our students' successes.

At Chenango Bridge Elementary, we work diligently to educate our students in thought-provoking, rigorous, and fun ways. Since September, our district has been working with Mr. Les Loomis. Through the work we are doing with both our district and building-level teams, we are working to make sure that "Every Warrior Succeeds." This work is directly connected to our school district's goals, which in turn coincides with the instructional work that we do in all areas.

We are also very proud to share some building highlights:

- Parent/Teacher Conferences took place on November 17 and December 1. This is a positive way to help keep home and school connections alive and well.
- Chenango Bridge Elementary School will hold its annual "Holiday Concert" on Thursday, December 14. Special thanks to Mr. Daniel Brisk and Miss Elizabeth DeGroff for their hard work in preparing our students for this performance.
- Our faculty at CB Elementary has opportunities to work collaboratively with their grade levels, CV's Instructional Coaches, Mrs. Tina Conklin and Mrs. Melissa Schmitz, and as a part of regional professional development workshops with Mr. Paul Volkert as well. As our faculty attends professional development sessions, each one is asked to share their new professional knowledge with colleagues.
- Tuesdays and Thursdays are very busy after school at CB. Students in grades 3, 4, and 5 have the opportunity to join Art Club, Book Club, Math Club, Science Club, Chess Club, Student Council, and Mentoring so far this year. Both the Talent Show Club and Ski Club are clubs that will have further information very soon. We also have a few Odyssey of the Mind teams working together. We encourage all students to get involved with the variety of extracurricular activities that we are fortunate to have in our school.
- Very special thanks to Miss Kathryn Heller, Miss Elizabeth DeGroff, Mrs. Rebecca Gay, and members of our CB Student Council for a wonderful Veterans Day assembly on Thursday, November 9. We were also very proud to have had members of the American Legion Post 1194 join in our celebration.
- Our Student Council organized a food drive in our school to help students/families by donating food for our families.

Our winter break begins on Monday, December 25, 2017 and extends through Monday, January 1, 2018. We wish all of our students' families and our school community a fun-filled and happy holiday season. Together, we will continue to make a difference in the lives of our students at Chenango Bridge Elementary. Thank you for all of your support!



Mary Beth Hammond,
principal, Chenango
Bridge Elementary

CB Gets a Special Visit from Captain the Goat



There was a new "kid" in class as Captain, a 6-month-old female goat, from Dutch Hill Creamery visited Chenango Bridge Elementary for "Agriculture in the Classroom"!

Thank you to Cornell Cooperative Extension Broome County's awesome representatives, Ms. Atwood and Mrs. Truesdail, for visiting our school and bringing Captain.

During Captain's visit, students had the chance to sample goat cheese, blue cheese and cheddar cheese... which had some mixed reviews!

Third grade students also learned facts about goats, including their dietary habits, and were able to compare Captain's heartbeat to their own using a stethoscope.

Reading Zone in CB Library

The CB Reading Zone is a great opportunity for students to spend time in a good book. During specific playground times, up to 24 students from that day's assigned grade level can choose to find a comfy spot in the library to relax and read.

Soothing music helps to set the atmosphere in the Reading Zone... a calming break in the middle of a busy school day. Mrs. Gay welcomes all who love to read to stop by!



Chenango Bridge Elementary

Assembly Teaches Students about Fire Safety

Thank you to the Chenango Bridge Fire Company for visiting Chenango Bridge Elementary on November 3 to teach students about fire prevention and demonstrate fire safety!

Some CB students were even able to do their own demonstration of “stop, drop and roll” for the school’s fire safety assembly.



1. STOP



2. DROP



3. ROLL

Students’ Inquisitive Science Questions Featured in Local Newspaper

Chenango Bridge Elementary third grade students McKenna Ruland and Anderson Selby were each featured in the Press & Sun-Bulletin newspaper after their questions were chosen for two “Ask a Scientist” articles.

In order to be featured, local students from around the area submit questions. Question lists are distributed to faculty and grad students at Binghamton University who pick a question to answer. Once it is answered, they pass it on to the Press & Sun-Bulletin for a featured “Ask a Scientist” piece. These articles typically run on Sundays.



Anderson Selby, Grade 3



McKenna Ruland, Grade 3

McKenna’s question was about PKU (phenylketonuria) research. Anderson’s question was about how cameras take photos.

Red Poppies Worn to Show Appreciation to Veterans

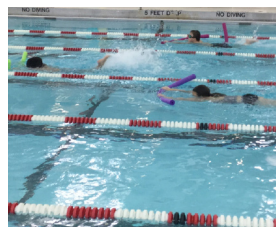


In Chenango Bridge Elementary library classes, students learned about the history of Veterans Day, the branches of our military and their musical anthems -- as well as the story of the poppy and the poem “In Flanders Fields.”

Thanks to CB librarian Mrs. Gay’s friendship with a member of the American Legion Auxiliary Post 1194 in Hillcrest, CB was gifted poppies for all students to wear at the school’s Veterans Day assembly and throughout that entire day to show honor and respect to our veterans.

CBE Students Improve Swimming Skills in PE

Mrs. Lyons’ physical education classes enjoyed the swim unit with Mr. Frayer. The students practiced various swim strokes, water safety, diving, and learned about the importance of making good choices. The pool was filled with fun and exciting relay races on Halloween Day. The students demonstrated their swim skills in a friendly, competitive environment.



Middle School

The first ten weeks of school have gone by very quickly. We have had a fantastic start to the school year. You should be very proud of your son or daughter in the efforts they are putting forth this school year. Keep up the good work!

There were 65 energetic middle school students who took part in the sixth annual “Zombie Run” on Tuesday, October 31. Students had to avoid “zombies” while running a ¾ mile cross-country course. Thank you to varsity cross country coach Mr. Jerid Jones and the HS cross country team for sponsoring the event. A special thank you goes out to Mr. Case and Miss O’Brien who officiated the course. Great fun was had by all who participated.

The first annual Halloween Costume Contest was held on Tuesday, October 31. Students had a chance to parade around the gym during Warrior Study Hall time. Prizes were awarded in several different costume categories; best homemade, scariest, funniest, and most school spirit. Special thanks goes to Mrs. Lange, student council advisor, and Mrs. Broughton, eighth grade class advisor.

On November 9, several student officers participated in the third annual Regional Middle School Student Council/Government Workshop at Vestal Middle School. The students attended and participated in workshops about leadership roles geared to help them learn how to plan student activities, brainstorm about ideas and grow as leaders.

Students should have already developed good school routines by this point in the year. It is very important that students get into a routine by going to bed and getting up at the same time each day. All of their school materials should be ready the night before so it’s not hectic when trying to get out the door. Please encourage your son or daughter to use their student agenda that they received at the beginning of the school year on a daily basis. Teachers will always post the night’s homework and the daily activity on one of the whiteboards in the classroom. Students should be writing down homework assignments as well as project due dates. Please check your child’s agenda periodically and remind them to get into the habit of using this important school resource. You may also call into the homework hotline (Grade 6 Team – 762-6870, Grade 7 Team – 762-6871 and Grade 8 Team - 762-6872) if they are not sure what the homework is for the evening. Please remind your son or daughter to take the time and effort to keep their lockers cleaned and organized, along with making sure to use their agenda to write down any and all school assignments.

If your son/daughter is absent and you would like to request homework, please contact the guidance office at 762-6926 by 10:00 a.m. to make that request. Work will be available in the guidance office during school hours. After school, requested work will be taped to the guidance door for pick up.

Please feel free to contact my office if you have any questions or concerns. Your support throughout the year is crucial to your child’s success. Follow the MS on twitter [@CVMSWarriors](#). Look for us on Pinterest – CVMSWARRIORS for MS educational topics and ideas.

Upcoming Events in the Middle School:

- Monday, December 11 – MS Holiday Concert, 7:00 p.m. – MS/HS Auditorium.
- Friday, December 15 – End of the 5-Week Marking Period.
- Wednesday, December 20 – BOE Meeting, 7:00 p.m. – MS Library.
- Thursday, December 21 – 5-Week Reports Sent Home.
- Friday, December 22 – MS Wellness Day.
- Monday, December 25 through Monday, January 1 – Winter Break – No School.

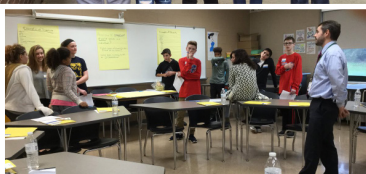


Eric E. Attleson, principal
CV Middle School

Students Build Leadership Skills



Several CV Student Council members participated in the in the third annual Regional Middle School Student Council/Government Workshop at Vestal Middle School on November 9.



Students learned how to grow as leaders by planning student activities and brainstorming ideas, along with other exercises.

Zombie Run 2017!



CV Middle School students had to avoid “zombies” while running a ¾ mile cross-country course on October 31.

Thank you to all who helped to make the sixth annual “Zombie Run” such a fun time for our 65 middle school participants!

Students of the Month – October 2017



Front Row: Kamryn Hoyt, Addisyn Charpinsky & Carly Edwards | Back Row: Cameron Hirst, Brandon Hirst, Christian Allen, Sarah Gorman, Isabelle Dithrich & Dominic Scott

6th Grade Team

Kamryn Hoyt
Dominic Scott

7th Grade Team

Brandon Hirst
Cameron Hirst

8th Grade Team

Isabelle Dithrich
Christian Allen

Good Citizen: Addisyn Charpinsky

Good Citizen: Carly Edwards

Good Citizen: Sarah Gorman

Our Students of the Month "CARE" about CV: **C-Commitment A-Attitude R-Responsibility E-Enthusiasm**

Students Enjoy Lunch w/ Senator Akshar



During a sixth grade FACS (family and consumer science) field trip to CoreLife Eatery in Vestal, students learned about eating healthy and getting proper nutrients. As they were eating lunch at the restaurant, the group ran into New York State Senator Fred Akshar. Senator Akshar took time to sit and talk with the students, teachers, and Mr. Attleson.

Students Make Crêpes for Classmates



Bon Appétit! Mrs. Shadduck's seventh grade FACS class made crêpes for Madame Henyan's seventh grade LOTE students who are in a French unit!

Eighth Grade FACS Students put on "Trashion" Show

Eighth grade FACS students helped to raise awareness of the importance of recycling by putting on a "trashion" show for fellow middle school students and staff! Beforehand, students researched issues involved around the process of recycling. They then worked in teams to brainstorm creative ways to repurpose and reuse recyclable materials by turning them into fashionable garments. Students also made signs with informative facts about recycling.



Pictures from the CVMS "Halloween Costume Contest"



High School

Here we are in December already. Before long, we will be thinking about the holidays and soon the New Year. Soon it will be 2018!

Mid-term and Regents exams will be held the last two weeks in January. Your son's/daughter's teachers will let them know when their exams will take place. During the Regents exam period in January, CV High School will follow a normal bell schedule. Students taking Regents exams will be pulled out and tested as needed. Very few students take Regents exams in January.

Parents are encouraged to use Parent Portal to view their child's academic progress. Teachers may be reached via their email or by phone call. Parent-teacher communication is vital to student success.

Please have your son/daughter utilize our remedial tenth period! Teachers are working very hard to support your child's needs. Tenth period allows students to work with teachers in a smaller setting to catch up or review class material.

If you have any questions, please feel free to contact the high school office. Enjoy the holidays and have a happy New Year!



Terry Heller, principal
CV High School

CVHS SADD Members Help with Highway Clean-Up

Members of the Chenango Valley High School Students Against Destructive Decisions (SADD) chapter helped to clean up the 88 East exit ramp to the school on October 12.

The club has previously agreed to a three-year commitment with the Adopt-A-Highway program to volunteer for regular clean-ups to rid of trash and debris in this area.

CV High School's SADD chapter advisors are Lisa Chavez and Carlie Brant.

Great job to all involved – thanks for helping to beautify our community!



CVHS Students Learn Important Lessons about Driving Safety

Students from Chenango Valley High School received a lesson on the importance of safe driving practices on October 12.

A total of 132 Chenango Valley High School students in grades 9-12 participated in Broome County's "Teen Traffic Safety Day" at the Floyd L. Maines Veterans Memorial Arena. They were among students from 17 area school districts who attended.

At the event, students heard from guest speakers -- including a powerful message from Jonathan Mueller who was severely injured by an impaired driver.

Students also had the opportunity to participate in hands-on traffic safety activities that showed the effects that being impaired or distracted can have on one's ability to drive properly. In addition, students took part in a "Battle of the Belts" contest, competing to buckle their seat belts fastest.

Thank you to the Broome County Traffic Safety and STOP DWI Program for co-hosting this important and educational event!



CVHS Students Explore Future Opportunities at "College Day"

Deciding what to do after high school can be a tough decision. A local event helped to make the decision a little easier by connecting students with post-secondary school options. More than 80 Chenango Valley High School students took part in the 45th annual "Greater Binghamton College Day" event held at the Floyd L. Maines Veterans Memorial Arena on October 18.

Hundreds of high school students from around the region attended the event, which is co-sponsored by the Binghamton City School District and Broome-Tioga Counselor's Association, to explore future opportunities. More than 100 college and trade school representatives were available to talk to students about topics including tuition prices and the programs they offered.



High School

CV's National Honor Society Inducts New Members

Candles flickered and the music sounded as approximately 45 students from the Classes of 2018 and 2019 were inducted into the Chenango Valley High School chapter of the National Honor Society. This year's annual induction ceremony was held on October 25 in the CVHS auditorium.

This year's officers; president, Alaina Carman; vice president, Grace McManus; secretary, Mia Hause; and treasurer, James Wyatt, did an outstanding job hosting the evening's program.

Members were selected by a Faculty Council for meeting especially high standards of "scholarship, leadership, character, and service" as outlined in the Constitution of the National Honor Society.

According to the National Constitution, all four aspects should be equally weighted to determine membership. Some people think membership is based solely on grades, which is not the case. The process is rather involved and takes a great deal of careful consideration and thought from the Faculty Council. NHS looks for students who are of high caliber not only in their schoolwork, but in their ways of being true leaders and contributors to the community. In addition, their character should reflect high motivation, sincerity, honesty, and exemplary behavior.

National Honor Society ranks as one of the oldest and most prestigious national organizations for high school students. Chapters exist in more than 60 percent of the nation's high schools, and millions of students have been selected for membership since 1921.

Inductees

Class of 2018: Brianna Dayton, Russell Nelson, Benjamin Venuti

Class of 2019: Alia Arnold, Hallie Morgan, Alexa Attleson, Sara Bozuhoski, Eric H.C. Brom, James Bush, Shane Culver, Faith Fassett, Hannah Frey, Jacklyn Hardler, Ryan Houseknecht, Jeremy Kellam, Nathan Klein, Brittany Kropp, Edward Kuklo, Sarah Lamoreaux, Natalie Lehr, Paige Lettera, Andy Li, Marc Marion, Logan McCarthy, McKenna Miller, Hallie Morgan, Elizabeth Morton, Nicolas Norton, Carly O'Brien, Hunter O'Connor, Madison Perrault, Taylor Potenziano, Jeffrey Rice, Marrison Rogers, Breanen Rought, Lucas Scott, Erin E. Skinner, Molly Snashall, Max Sobel, Mallorie Turner, Kara Watson, John-Paul Webster, Caitlin Whiting, Carter Wilson, Katelyn Wood, Camryn Zaic

Present Members

Ty Abell, Kianna Archer-Cronk, Samantha Bennett, Madeline Broderick, Alaina Carman, Natalie Ehrensbeck, Patrick Giblin, Owen Gillette, Molly Grady, Hannah Grunder, Abigail Hamilton, Mia Hause, Peter Jensen, Ian Keldon, Brenna King, Matthew Klein, Hannah Nicole Lee Larsen, Kayla Lopez, Lauren Marble, Lian McGuane, Grace McManus, Jonathan Miller, Emma Moore, Matthew Pecha, Linsey Reardon, Jackson Retzlaff, Jacquelyn Ruf, Craig Salzman, Roy Santa Croce, Jocelyn Schell, Katie Schultz, Kelly Smith, Anna Stacey, Noah Stroka, Tara Terpstra, Joesph Testani, Kelly Thompson, James M. Wyatt

-Amanda Wheeler & Heather Kogut, Chenango Valley NHS Advisors



Congrats to CV's 2017 National Honor Society inductees from the Classes of 2018 and 2019!

Health Classes Visit CoreLife Eatery



CVHS health classes learned about nutrients and their impact on your immune system at a field trip to CoreLife Eatery in Vestal on November 1. Students also ate lunch at the restaurant.

Max Hansen Pays a Visit to HS History Class



Former Broome Dusters hockey player Max Hansen visited CVHS to speak with Mr. Tidick's current events/local history class on November 3! Mr. Hansen discussed his hockey career and other related topics with students.

Mr. Tidick's class studied the Dusters in class and watched the WSKG film, "The Dusters", produced by Brian Frey.

Gourmet Foods Class Takes on "Grilled Cheese Challenge"

Students in Mrs. Chavez's Gourmet Foods class took on a "Grilled Cheese Challenge" on October 23. Prior to the cooking competition, students researched topics such as textures and flavors of different types of cheeses. Working in four groups, students used knowledge from their research to make a delicious grilled cheese sandwich in 30 minutes.

Finding four CV teachers to put their grilled cheese tasting skills to the test for this challenge wasn't too hard -- thank you, Mr. Zanut, Mrs. Baxter, Mr. Tidick, and Mr. Clark! The task of these judges was to taste the four sandwiches and score them in five areas -- appearance, grilled exterior of bread, grilled interior of sandwich, overall taste, and how well the description/title fit the group's sandwich.

While it was easy to find judges, all of these tasty sandwiches made the judging itself quite hard! "The CV Melt" was declared the winner! Great job to all involved!

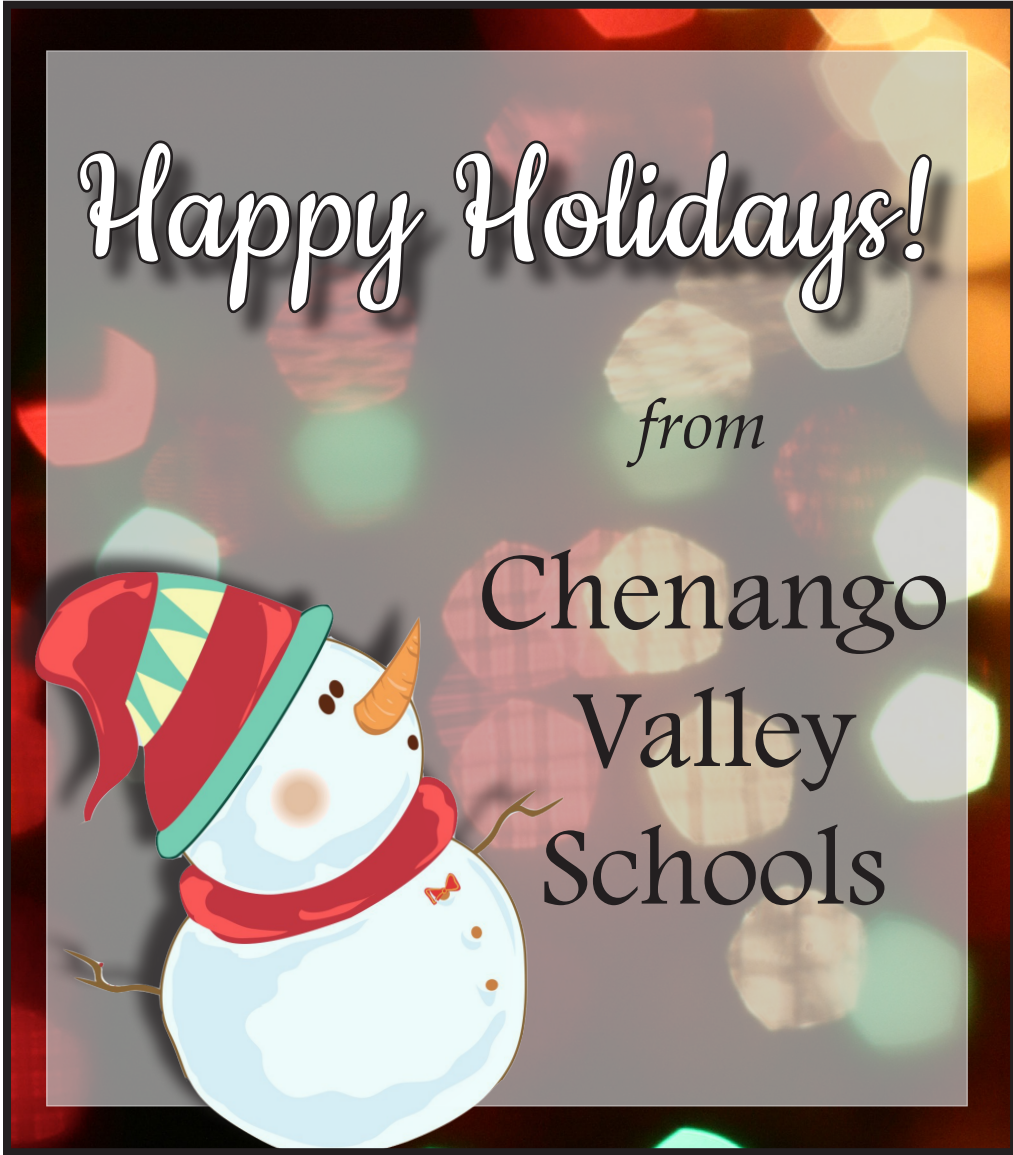




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Binghamton, NY 13901

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 CV School District Main Number 762-6800

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Port Dickinson..... 762-6970
 Attendance 762-6977
 Health Office..... 762-6976
 DASA Coord., Jim Pritchard 762-6970
Chenango Bridge..... 762-6950
 Attendance 762-6954
 Health Office..... 762-6952
 DASA Coord., Mary Beth Hammond 762-6950

Middle School..... 762-6902
 Attendance 762-6931
 Health Office..... 762-6911
 Homework Hotline: 6th.....762-6870
 Homework Hotline: 7th.....762-6871
 Homework Hotline: 8th.....762-6872
 DASA Coord., Eric Attleson..... 762-6902

High School 762-6900
 Attendance 762-6931
 Health Office..... 762-6912
 DASA Coord., Terry Heller 762-6900

OUR MISSION
 We inspire, engage and empower all students to achieve their full potential.